



## New Jersey Department of Children and Families Policy Manual

Manual:	NJAC	NJ Administrative Code Excerpts	Effective Date:
Title	10	Human Services	
Chapter	122C	Manual Of Requirements For Resource Family Parents	2/13/2012
Subchapter:	7	Health Requirements	
Section	5	<b>Personal care and hygiene (N.J.A.C. 10:122C-7.5)</b>	

### §10:122C-7.5 Personal care and hygiene

(a) Level I personal care and hygiene requirements are as follows:

1. The resource family parent shall provide the child in placement with the following:

- i. Towels and washcloths;
- ii. Diapers, if appropriate;
- iii. Soap and toilet paper; and
- iv. Hygiene supplies that are age-appropriate for the child's needs, such as toothpaste, toothbrush, shampoo, comb, brush, mouthwash, deodorant, razors, shaving cream and feminine hygiene articles.

2. For a child in placement unable to provide for his or her own personal care and hygiene, the resource family parent shall bathe and groom the child, and provide other personal hygiene services that are necessary to meet the child's needs.

3. The resource family parent shall ensure that each child in placement has the opportunity for at least eight hours of uninterrupted sleep each night.

(b) The resource family parent shall instruct the child in placement in age-appropriate personal care, hygiene and grooming habits.

(c) The resource family parent may permit a child in placement to maintain over-the-counter cosmetics, acne preparations and personal hygiene supplies among his or her personal possessions, as developmentally appropriate.